



Spring and Summer Vegetarian Teas Menu

2026 Version 1 **ALLERGEN AND TOMATO FREE**

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	SPINACH AND FALAFEL BAKE WITH POTATO WEDGES AND BAKED BEANS ALLERGENS: NONE	LENTIL BOOLOGNAISE ALLERGENS: NONE	SUNSHINE VEGGIE RICE ALLERGENS: NONE	SWEET POTATO AND BEAN CHILLI WITH JACKET POTATO ALLERGENS: NONE	RED PEPPER AND BASIL MIXED BEANS WITH BROWN RICE ALLERGENS: NONE
Week 2	MACARONI CHEESE ALLERGENS: NONE	SPANISH BEANS WITH QUINOA ALLERGENS: NONE	BEAN AND SUMMER VEG PASTA BAKE ALLERGENS: NONE	MOROCCAN CHICKPEA WITH COUSCOUS ALLERGENS: NONE	VEGETABLE SAUSAGE WITH MASHED POTATO PEAS AND SWEETCORN ALLERGENS: NONE
Week 3	CHEESY BEAN PIE WITH BROCCOLI ALLERGENS: NONE	SWEET AND SOUR VEG AND BEAN WITH RICE ALLERGENS: NONE	RED PEPPER AND BASIL PASTA ALLERGENS: NONE	CREAMY BEAN COTAGE PIE ALLERGENS: NONE	SPINACH AND RED PEPPER MUFFIN WITH POTATO WEDGES AND PEAS ALLERGENS: NONE