



# Autumn and Winter Regular and Vegetarian Teas Dessert and Starter Menu 2025 to 2026 Version 1

## ALLERGEN AND TOMATO FREE

|               | Monday                                                                            | Tuesday                                                                        | Wednesday                                                                                      | Thursday                                                                               | Friday                                                                              |
|---------------|-----------------------------------------------------------------------------------|--------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <b>Week 1</b> | <b>CHICKPEA AND SWEET POTATO CAKE</b><br>(STARTER)<br><br>ALLERGENS: <b>NONE</b>  | <b>MAGIC MANGO AND CARROT SLICE</b><br>(DESSERT)<br><br>ALLERGENS: <b>NONE</b> | <b>POACHED PEARS</b><br>(DESSERT)<br><br>ALLERGENS: <b>NONE</b>                                | <b>APPLE WITH PEACH AND APRICOT CRUMBLE</b><br>(DESSERT)<br><br>ALLERGENS: <b>NONE</b> | <b>COCONUT AND BUTTERNUT SQUASH SOUP</b><br>(STARTER)<br><br>ALLERGENS: <b>NONE</b> |
| <b>Week 2</b> | <b>BUTTER BEAN CAKES</b><br>(STARTER)<br><br>ALLERGENS: <b>NONE</b>               | <b>LEMON BERRY BITES</b><br>(DESSERT)<br><br>ALLERGENS: <b>NONE</b>            | <b>CHOCO BEAN DREAM</b><br>(DESSERT)<br><br>ALLERGENS: <b>NONE</b>                             | <b>PURPLE POWER CRUMBLE</b><br>(DESSERT)<br><br>ALLERGENS: <b>NONE</b>                 | <b>CREAMY RED PEPPER AND BASIL SOUP</b><br>(STARTER)<br><br>ALLERGENS: <b>NONE</b>  |
| <b>Week 3</b> | <b>COURGETTE AND RED PEPPER MUFFIN</b><br>(STARTER)<br><br>ALLERGENS: <b>NONE</b> | <b>BERRY NICE APPLE RICE</b><br>(DESSERT)<br><br>ALLERGENS: <b>NONE</b>        | <b>PUMPIN WITH SWEET POTATO AND APRICOT CRUMBLE</b><br>(DESSERT)<br><br>ALLERGENS: <b>NONE</b> | <b>BANANA FLAPJACK</b><br>(DESSERT)<br><br>ALLERGENS: <b>NONE</b>                      | <b>CARROT AND LENTIL SOUP</b><br>(STARTER)<br><br>ALLERGENS: <b>NONE</b>            |