



Autumn and Winter Vegetarian TEAS

Dessert and Starter Menu 2026 to 2027 Version 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	CHICKPEA AND SWEET POTATO CAKE (STARTER) ALLERGENS: MILK, GLUTEN: WHEAT	MAGIC MANGO AND CARROT SLICE (DESSERT) ALLERGENS: EGG, GLUTEN: WHEAT	POACHED PEARS (DESSERT) ALLERGENS: NONE	APPLE WITH PEACH AND APRICOT CRUMBLE (DESSERT) ALLERGENS: NONE	COCONUT AND BUTTERNUT SQUASH SOUP (STARTER) ALLERGENS: NONE
Week 2	BUTTER BEAN CAKES (STARTER) ALLERGENS: NONE	LEMON BERRY BITES (DESSERT) ALLERGENS: EGG, GLUTEN: WHEAT	CHOCO BEAN DREAM (DESSERT) ALLERGENS: NONE	PURPLE POWER CRUMBLE (DESSERT) ALLERGENS: NONE	CREAMY TOMATO AND BASIL SOUP (STARTER) ALLERGENS: NONE
Week 3	COURGETTE AND RED PEPPER MUFFIN (STARTER) ALLERGENS: EGG, MILK, GLUTEN: WHEAT	BERRY NICE APPLE RICE (DESSERT) ALLERGENS: MILK	PUMPIN WITH SWEET POTATO AND APRICOT CRUMBLE (DESSERT) ALLERGENS: NONE	BANANA FLAPJACK (DESSERT) ALLERGENS: NONE	CARROT AND LENTIL SOUP (STARTER) ALLERGENS: NONE