



Autumn and Winter Vegetarian Lunch Menu

2025 to 2026 Version 1 **ALLERGEN AND TOMATO FREE**

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	CHICKPEA AND VEGETABLE CREAMY COCONUT CURRY WITH BROWN RICE ALLERGENS: NONE	SWEET POTATO AND CAULIFLOWER RAGU WITH BROWN RICE ALLERGENS: NONE	VEG AND BEAN CHILLI WITH RICE ALLERGENS: NONE	VEGGIE SAUSAGE SERVED WITH POTATO WEDGES PEAS AND SWEETCORN ALLERGENS: NONE	ROOT VEGETABLE AND BEAN HOTPOT SERVED WITH MASHED POTATO ALLERGENS: NONE
Week 2	SWEET AND SOUR VEGETABLES WITH RICE ALLERGENS: NONE	VEG AND BEAN COTTAGE PIE WITH HIDDEN VEGGIES ALLERGENS: NONE	VEGETABLE FINGERS POTATO WEDGES WITH PEAS AND SWEETCORN ALLERGENS: NONE	VEG SAUSAGE WITH MASHED POTATOES CARROTS AND PEAS ALLERGENS: NONE	MIXED BEAN SUPER GREEN PASTA BAKE ALLERGENS: NONE
Week 3	VEGETABLE SAUSAGE WITH MASHED POTATO AND GREEN VEGGIES ALLERGENS: NONE	RED PEPPER AND BASIL WITH MIXED BEANS AND BROWN RICE ALLERGENS: NONE	CHEESY BEAN PIE WITH BROCCOLI ALLERGENS: NONE	VEGETARIAN BOOLOGNAISE ALLERGENS: NONE	MINTED VEGETABLE HOTPOT WITH VEGGIES ALLERGENS: NONE